

# OTTER TRAIL GUIDE

## TIDES MAR 2023

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0615	1905	0503	1716	1102	2310
2	0616	1904	0539	1751	1138	2343
3	0617	1903	0615	1826	1215	----
4	0618	1901	0651	1902	0016	1252
5	0619	1900	0730	1940	0051	1332
6	0620	1859	0817	2031	0132	1420
7	0620	1857	0929	2303	0229	1539
8	0621	1856	1218	----	0619	1902
9	0622	1855	0121	1337	0737	1959
10	0623	1854	0212	1425	0822	2036
11	0624	1853	0249	1502	0856	2106
12	0624	1851	0322	1535	0924	2132
13	0625	1850	0351	1604	0950	2156
14	0626	1848	0418	1631	1015	2220
15	0626	1847	0444	1657	1040	2244
16	0627	1846	0508	1722	1105	2307
17	0628	1844	0532	1746	1130	2331
18	0629	1843	0556	1810	1155	2356
19	0630	1842	0620	1835	1221	----
20	0631	1840	0647	1902	0023	1249
21	0631	1839	0720	1939	0054	1325
22	0632	1838	0811	2048	0138	1419
23	0633	1836	0948	----	0305	1802
24	0634	1835	0028	1241	0635	1919
25	0635	1834	0126	1339	0730	1958
26	0635	1832	0207	1422	0810	2032
27	0636	1831	0245	1501	0848	2105
28	0637	1830	0322	1540	0925	2138
29	0638	1828	0359	1617	1002	2211
30	0639	1827	0437	1654	1039	2245
31	0639	1825	0514	1731	1116	2320

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

